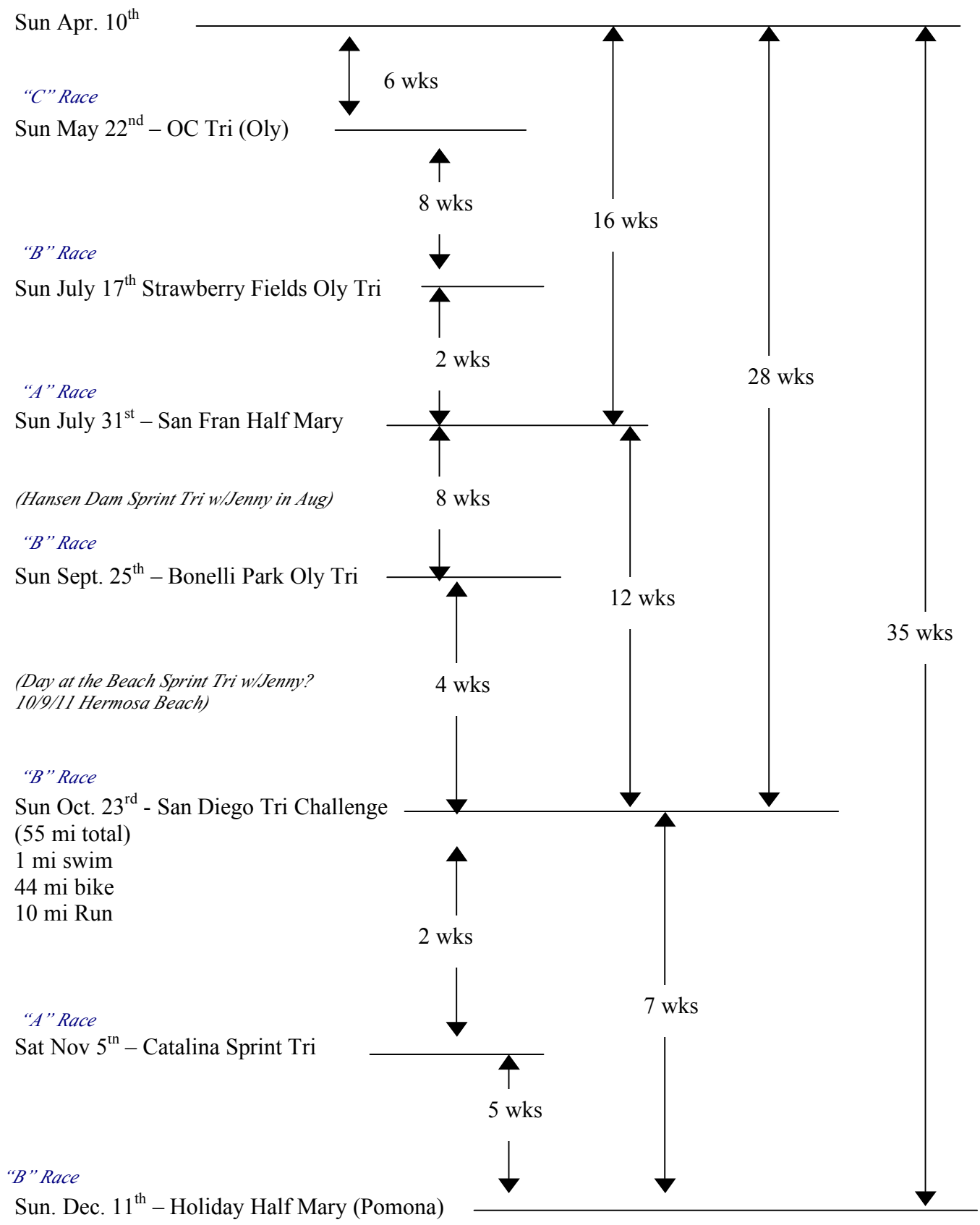
Sun Apr. 10th
6 wks
"C" Race
Sun May 22nd – OC Tri (Oly)
8 wks
16 wks
"B" Race
Sun July 17th Strawberry Fields Oly Tri
2 wks
28 wks
"A" Race
Sun July 31st – San Fran Half Mary
(Hansen Dam Sprint Tri w/Jenny in Aug)
8 wks
"B" Race
Sun Sept. 25th – Bonelli Park Oly Tri
12 wks
35 wks
(Day at the Beach Sprint Tri w/Jenny?
10/9/11 Hermosa Beach)
4 wks
"B" Race
Sun Oct. 23rd - San Diego Tri Challenge
(55 mi total)
1 mi swim
44 mi bike
10 mi Run
2 wks
7 wks
"A" Race
Sat Nov 5tn – Catalina Sprint Tri
5 wks
"B" Race
Sun. Dec. 11th – Holiday Half Mary (Pomona)